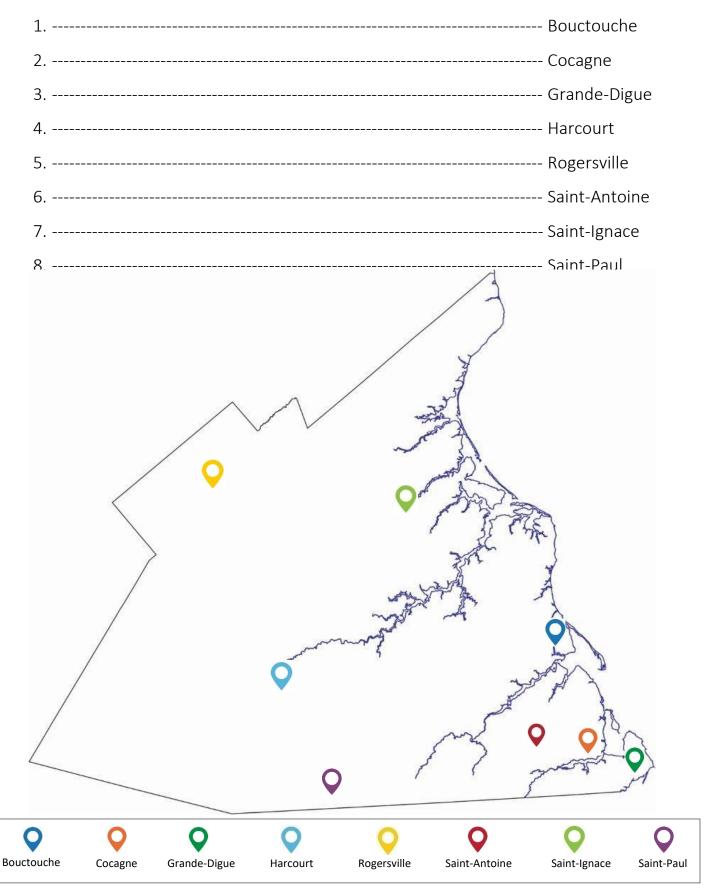
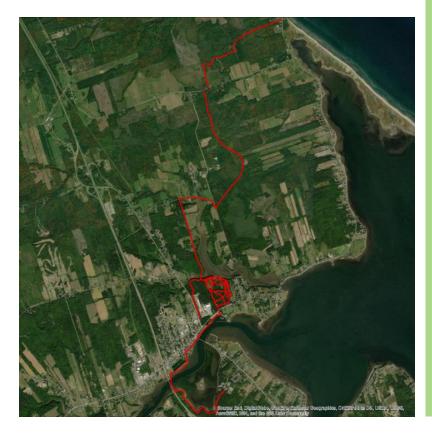


### Table of contents

#### Kent Trail Guide



## **Town of Bouctouche**Trails



Total Distance: 15.7 kilometers divided

into several sections. See trail map for more

information

Estimated time: Varies depending on the

route used

Level of difficulty: Varies from low to

moderate depending on

the route used.

Seasonal use: Spring, summer and fall

Uses: Walking, running and

biking. Snowshoeing trails

will soon be available

Year of Inauguration: 1997

Parking: • Bouctouche Dune

• J.K. Irving Centre

• Pays de la Sagouine

**Bonus:** the municipality rents snowshoes!

The trails were developed in 1997 during the construction of the Irving Eco-Centre. The trail joins the Bouctouche Dune and the Pays de la Sagouine by passing through the forest while skirting the Bouctouche Bay.

For nature lovers, this trail offers you a great view on a diversified natural environment. Whether on foot, by bike or by snowshoe, come explore and appreciate what nature has to offer here, in Bouctouche.





## Trail of the

# Rural Community of Cocagne



Total Distance: 5.8 km round trip

Estimated time: 1 to 2 hours

Level of difficulty: Easy to moderate. The

trail follows several wooded areas.

Seasonal use: 4 seasons

Uses: biking, walking and

snowshoeing

Year of Inauguration: 1999

Parking: • Cocagne Golden Age

Club

• Near the Goguen Mill on the north side of the river

and road 535

• A last parking lot is available near the

baseball field with access via the Cocagne Cross

Road

Services offered: There are benches and

picnic tables available

along the trail.

Our trail began in 1998 through the idea of a few pioneers in the community. Thanks to their vision, the trail has become one of the many gems that Cocagne has to offer. This wooded trail runs along several private properties. In addition to the natural beauty that is present, many citizens have also installed signs along the trail offering positive and inspiring messages.







## Sentier Pluriel of Grande-Digue

Le sentier Jacques et Edna (Jacques and Edna's Trail)

Total Distance: **750 m (summer)** 

2.2 km (winter)

Estimated time: 50 min. round trip (summer)

Level of difficulty: Low

Seasonal use: 4 seasons

Uses: hiking, walking and

snowshoeing

Year of Inauguration: 2019

Parking: route 530 at civic number

847 (Bourgeois).

Preparation: Walking shoes

recommended but not essential. The first part of the trail is easy. The last 1.4 km of the trail is exclusively

open in winter for snowshoeing when the ground is frozen. Some portions of the trail can be soggy in the spring and fall but passable. The presence of mosquitoes and black flies can be unpleasant at certain times of the year.

The Jacques and Edna trail is a pedestrian circuit covering a distance of 750 m in summer and 2.2 km in winter. The first part of the trail consists of a 350m open field section and a wooded section of about 400m. It is particularly beautiful in the fall. The second, 1.4 km long, more difficult part goes through mature forest and marsh and is only open in winter when the ground is frozen. An ecological component is associated with this trail with the installation of nesting boxes for swallows, feeders for birds and squirrels and an interpretive panel.





## Sentier Pluriel de **Grande-Digue**



Le sentier du Musée (Museum Trail)

Total Distance: 150 meters

Estimated time: 20 minutes round trip

Level of difficulty: Low

Seasonal use: 3 seasons

Uses: walk and stroll

Year of Inauguration: 2021

Parking: Trail users can use the

parking lot at the "Notre Center" community center

in Grande-Digue.

Preparation: None. The surface of the

trail made of crushed gravel is suitable for people with reduced mobility. The level of difficulty along the entire length of the trail is rated

as very easy.

The Museum trail is a short linear hiking trail (for non-motorized use) located in a natural environment and which favors low-intensity activities. The starting point of the trail is in front of the tourist information office of the Pioneer Museum. The trail passes behind the Pioneer Museum and heads towards the coast, following a woodland for a length of 134 meters. He then crosses the wooded area over a wooden bridge that spans a small ditch. It leads to a rest area with a view of the bay where a bench with backrest and an interpretation panel are installed.





## Sentier Pluriel de **Grande-Digue**



The Alyre Bourque Trail is a hiking trail (for non-motorized use) that aims to provide a safe place to exercise outdoors and observe flora and fauna. It gives access to the coast and to a marsh and is connected to the School trail. The 1 km Alyre Bourque South Trail is located between Route 530 (near civic number 4389) and the School Trail. The Alyre Bourque north trail, 1.8 km in length, is located between route 530 (near civic number 4424) and the coast of Anse-de-Cocagne. A bench and an osprey nesting platform have been installed there. We ask not to approach too close to the platform during the nesting period. You have to walk five meters on the shoulder of Route 530 between the two sections.

### Le sentier Alyre Bourque (Alyre Bourque Trail)

Total Distance: North portion: 1.8 km

South portion: 1 km

Estimated time: 2 hours round trip

Level of difficulty: 1/5

Seasonal use: 4 seasons

Uses: hiking, walking and

snowshoeing

Year of Inauguration: 2021

Parking: A compacted sandstone

parking lot that can accommodate about five cars, adjacent to civic number 4424 on route 530

(Saint Marcel).

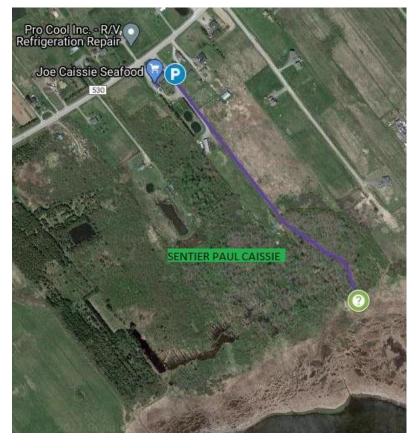
Preparation: Walking shoes

recommended but not essential. The trail is considered easy except for the last 150 meters of the southern portion which is narrow and a bit rough. The north end of the trail can be soggy in the spring and fall but passable. The presence of mosquitoes and black flies can be unpleasant at certain times of the year.





## Sentier Pluriel of **Grande-Digue**



#### Le sentier Paul Caissie (Paul Caissie Trail)

Total Distance: 500 meters

Estimated time: 30 minutes round trip

Level of difficulty: Easy

Seasonal use: 4 seasons

Uses: hiking, walking and

snowshoeing

Year of Inauguration: 2019

Access: from route 530, at civic

number 1000.

Parking: in compacted sandstone,

adjacent to the owner's entrance and indicated by

a sign.

Preparation: No preparation required.

The presence of

mosquitoes and black flies can be unpleasant at certain times of the year.

Beware of the poison ivy at the end of the trail.

The Paul Caissie Trail is a walking trail (for non-motorized use) covering a distance of approximately 500 meters in a north-south orientation between Route 530 and the Grande-Digue marsh, near the dune. It offers a view of a heritage site of primary importance, namely the marsh, the lagoon and the dune of Grande-Digue, and of a unique ecosystem. The trail is particularly beautiful in the fall. Environmental education and bird watching are integrated into this site with the installation of an observation platform, swallow boxes and an interpretive panel. We ask you not to get too close to the osprey platform during the nesting period.





#### Le sentier de l'école (The School Trail)

Total Distance: 5 km

Estimated time: 1.5 hours one way

Level of difficulty: Moderate

Seasonal use: 4 seasons

Uses: Hiking, walking and

snowshoeing

Year of Inauguration: 2018

Parking:

South entrance: • Grande-Digue church

parking lot

 Grande-Digue school parking lot (outside of school

hours)

North entrance: • On Belle-Côte Road

Preparation: Walking shoes are

recommended but not essential. The first part of the trail from the south entrance is very easy. Some portions of the trail may be wet in the spring and in the fall. The presence of mosquitoes and black flies can be unpleasant at certain

forget your bug spray!

times of the year, so don't

Sentier Pluriel of **Grande-Digue** 



The Sentier de l'école (School trail) is a walking trail (for non-motorized use) between Route 530 in St-Marcel and the church in Grande-Digue. It is a beautiful forest trail with an average width of 1.2 meters (4 feet) and its surface is left in its natural state. Le sentier de l'école's trail aims to provide a safe place to exercise

outdoors, surrounded by nature. An environmental education component is incorporated. Along the trail, two interpretive panels have been installed and a nature classroom used primarily by Grande-Digue school students and other youth groups has been constructed.





### **Harcourt** Trail



This ancient First Nations portage trail ran between Salmon River and the Richibucto River connecting the Saint John and Richibucto watersheds as well as Grand Lake and the lower Saint John River with the Northumberland Strait. It is noteworthy that at one time in New Brunswick, the waterways were the highways of travel.

This trail is maintained by volunteers from Canoe Kayak NB. Future plans include building boardwalk in wet areas as well as adding signage along the trail. The boardwalk, once installed in several sites, will help protect the local environment.



### Salmon River - Richibucto River Ancient Portage Trail

Total Distance: 4.5 km

Estimated time: 1 hour to 4 hours since

sections of the trail can be

walked as well

Level of difficulty: easy to moderate

Seasonal use: 4 seasons

Uses: walking or snowshoeing

Year of Inauguration: 2012

Parking: two (2) sites indicated on

the attached map with green dots. On Route 116 where the ancient trail crosses the paved road, parking is simply via utilizing the shoulder of the road. This location is approximately 3.3 km from the junction with route 126 and route 116. The other parking site is accessed by turning left onto tertiary road approximately 4.7 km from the junction with route 126 and route 116. This second parking spot is slightly past where the portage trail crosses the tertiary road. From this location, you are approximately 1.6 km from the Salmon River.

Additional

Information: Like any other trails, dress

accordingly and don't forget your bug spray!

## Trail of the Village of Rogersville



#### The Kevin Pitre Trail

Total Distance: 5 km divided into 2 circuits

• The first circuit is 1 km

• The second circuit, on the other side of the river, is 4

km

Estimated time: 1 hour

Level of difficulty: Moderate

Seasonal use: 4 seasons

Uses: cycling, walking,

snowshoeing and fat biking

Year of Inauguration: 2019

Parking: Around the municipal

building, 10989 rue Principale, Rogersville

Equipment required: Boots in the fall and spring.

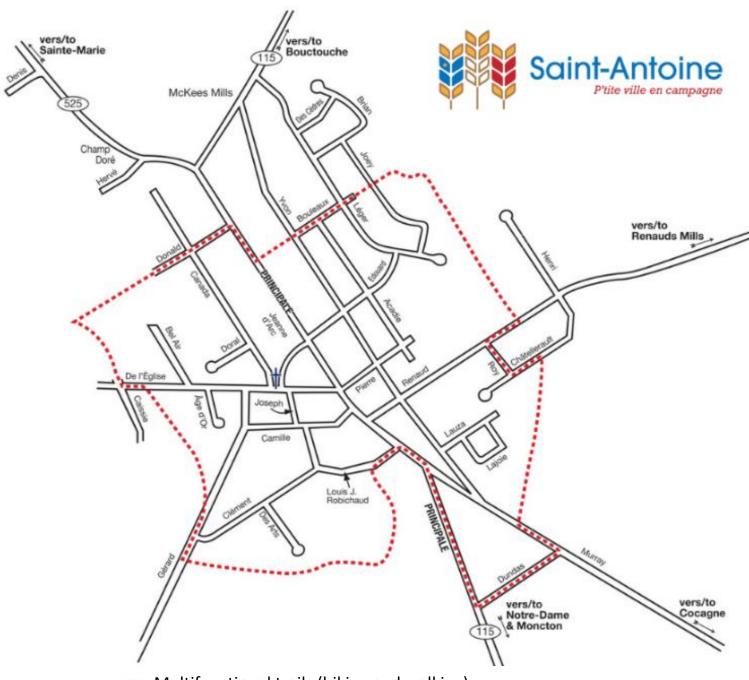
Snowshoes in winter.

Bonus: the municipality rents snowshoes!

The Kevin Pitre Trail, named in honor of an incredible young man from the area who passed away in 2019, was started by a group of students from Rogersville's school Étoile de l'Acadie. With the help of a mountain bike trail professional, Justin Truelove, a group of students planned and executed the first section of the trail on the municipality's land, which has since grown with the help of these young people, municipal staff, and community volunteers.







Multifunctional trails (biking and walking)

## Village of Saint-Antoine Multipurpose Trails



Total Distance: 7.8 km

Estimated time: 2 hours

Level of difficulty: Moderate

Seasonal use: 4 seasons

Uses: biking, walking and

snowshoeing

Year of Inauguration: 1998

Parking: Parking is available at the

community park, 30 Louis-J.-Robichaud Avenue.

Equipment needed: Boots in the fall and spring.

Snowshoes in winter.

The municipality of Saint-Antoine owns and maintains a network of hiking and biking trails that extends over 7.8 km. Outdoor enthusiasts can enjoy the environment while being physically active in nature. In order to complete the entire trail, users will sometimes have to travel on certain streets to reach another part of the trail.



## Saint-Ignace

Trail



### Sentier entre deux ponts (The Two Bridges Trail)

Total Distance: 3 km round trip

Estimated time: 45 minutes

Level of difficulty: on foot - moderate

by bike - high

Seasonal use: 4 seasons

Uses: cycling, walking,

snowshoeing and fat biking

Year of Inauguration: 2021

At the church

Parking: Parking is available directly

at the trail entrance.

0.5 km from the trail

entrance

At the skating rink 1 km from the trailhead

Equipment required: Snowshoes in winter, and

boots or walking shoes in

other seasons

The trail passes completely on Private land.

Please be respectful by keeping the trail clean and the environment smoke-free.







### Sentier de Saint-Paul



#### History and additional information

The construction of the Sentier du Lapin began in 2013 through an initiative by the St. Paul Recreation Council. Saint-Paul's Centennial Park not only contains the Sentier du Lapin, a beautiful natural walking path, but as of 2019, a children's playground is also accessible. After your beautiful walk on our trail, sit on a bench by the river, listen to the water flow and relax in nature for the full experience of the Sentier du Lapin.



Sentier du Lapin (The Rabbit Trail)

Total Distance: 1.8 km (3.6 km round trip)

Estimated time: 45 minutes

Level of difficulty: Moderate

Seasonal use: 4 seasons

Uses: biking, walking and

snowshoeing

Year of Inauguration: 2014

Parking: Available for 20+ cars at

the trailhead at St. Paul's Centennial Park. The park is located on the Chemin de la traverse road, near

the river.

Preparation: **During the summer, the fall** 

and the spring, the trail is best done in sneakers as the road is well maintained with gravel. In winter, wear snowshoes to brave the snow. Pack a snack or a picnic to enjoy on one of our two benches or under a shelter at one of our two

picnic tables.

